



CounsEdLine

New developments in Counsellor Education at Waikato

October 2018

Visitors

Anne Geroski



Associate Professor Anne Geroski visited the University of Waikato during her study leave this year from her position as a counsellor educator at the University of Vermont, USA. She accompanied the HDCO544 class to Maniaroa for the noho marae week, and Kathie was a consultant to her on a research project on parenting.

Sheridan Linnell



Associate Professor Sheridan Linnell is the Director of Clinical Psychology and Therapy Studies at Western Sydney University. Visiting Waikato as a doctoral examiner, Sheridan also spent time with the Counsellor Education team and met with doctoral students studying

counselling. Sheridan facilitated a lively and creative workshop with Faculty of Education doctoral students: 'To and fro between data analysis and writing'.

Katsuki Yokoyama



Katsuki Yokoyama is a visiting postgraduate research student from Japan, and joined the Counsellor Education team in April 2018 for 12 months to learn about Narrative Therapy. Katsuki is a PhD student of Clinical Psychology at the University of Tokyo in Japan. He arrived April 2018 at the University of Waikato.

Katsuki joined the 544 class for their noho marae at Maniaroa and has been participating in masters and doctoral classes as well as discussions on campus.

Practitioners from Japan



In April 2018, Elmarie Kotzé worked alongside Kou Kunishige in teaching narrative approaches to a group of practitioners who were visiting from Japan. Elmarie gave an introduction to narrative counselling with senior

practitioners, who are graduates of the MCouns programme, presenting on following days for the week-long workshop. This was the third workshop, following the ones held in 2016 and 2017. Another group is planned for April-May 2019.

Stories of the MCouns journey: Students and graduates

Tiziana Manea

Kia ora,
I am a manuhiri, my journey began in Sweden where I was born to immigrant Italian parents. Our family returned to Italy where I grew up with ice cream and hot summers. Gender equality did not follow us to Italy. The constraints of being an opinionated woman in Italy soon took me to London. There I was educated as a nurse and a midwife. I became a close observer of the silent world of women's work. This mahi allowed me to come to live and work in New Zealand. For the last four years I have been working at the Community Clinic in Gisborne. The nature of the mahi is tapu, sexual and reproductive health (including miscarriage and abortion counselling). It is subtle work that requires at times to speak the unspeakable. Joining the MCouns at Waikato offered me a space that welcomed reflection, and naming and locating of the conflicting realities and ethical dilemmas I witness daily. Narrative therapy offered me solidarity and validation. I treasure the experience I had of being witnessed, and I am now a witness to the resilience of the women I work with.



Ngā mihi, Tiziana

"Taranga" Artist - Rhonda Halliday

Uku Toi Gallery, Northland

"The piece was made with Taranga in mind. She is Maui's mother. She gave birth to Maui who was premature and thought to have been still born. Taranga cut off her top knot of hair which she wrapped him in and sent him out to sea, to Tangaroa. Maui's name became Maui Tikitiki o Taranga – Maui who was wrapped up in the top knot of Taranga. This piece however is about her, Taranga, and a mother's loss and grief for her deceased child and the love that connects them eternally. Her hair still wraps him safely in her thoughts and dreams."

Rhonda has also asked that Seymour May be recognised as participating in the creation/making of the work.



Linglin Shi

My name is Linglin Shi. I was born and raised in China where I spent 28 years before coming to New Zealand to study narrative therapy. I was a medical doctor before coming to New Zealand and worked in a local hospital in Yiwu, Zhejiang province. My career hope is to become a counsellor in China, especially in a medical or school context. Narrative therapy invites me to explore rich descriptions of people's life stories to nourish their spirits while facing the effects of illness and disease.



Simon Goodwin

My name is Simon Goodwin. I'm originally from the UK, and I've been in NZ since 2004. In 2017 I moved to the Nelson region with my family, and began the MCouns that summer. I have recently become a provisional member, registered with NZAC and in 2019 I will finish my degree with a two-paper research dissertation. Counselling in schools over the last two years has involved rewarding work in the wider context of students' education and development. I moved to counselling from teaching, after working as a housemaster sparked my interest in the details of students' lives. In studying for the MCouns I have developed my skills to listen to the experiences and voices of students, a focus of my counselling work.



Chomba Simwinga

When asked where I come from, I usually say Hamilton even though people may probably be asking about my country of origin. The reason for this answer lies in my belief in duality/multiplicity of identity that I take up willingly or not so willingly. My question usually is "Why can't I be a Hamiltonian and a Zambian?" It's a bit of a political stand for me.

I have a nursing background and have worked as a nurse/midwife for 33 years. As part of my MCouns education I had a placement with the Palliative Care Department at Waikato Hospital and Prison Care Ministries. The people who met with me ranged from people working with grief due to loss of identity by immigration, incarceration, cancer, or death of a loved one. I work three days a week as an oncology nurse,

Grace Irvine

Kia Ora, My name is Grace Irvine and I originate from Aotearoa. I recently graduated from the MCouns programme. During my time in this programme, I secured a Guidance Counsellor position at Papamoa College and I continue to work there. The MCouns programme offered me many opportunities to grow in my knowledge, skills and experience. Through my learning in the programme I now approach my counselling practice with confidence, professionalism and joy. I experience support from both staff and colleagues as we learnt together. I would highly recommend the MCouns programme to anyone who likes a challenge, is willing to grow their mind and heart, and wants to make a meaningful contribution in their whanau and community.



and I have a passion to work in this field of oncology as a counsellor. One day a week I counsel at Prison Care Ministries and one day a week I work in my private practice. Most clients I work alongside have some experience of loss of identity and our work involves re-authoring some preferred identity even in the constraints of incarceration or a life-altering disease.

Mo Lattimore

Kia ora koutou katoa, my name is Moalia Lattimore (Kutarere, Te Whakatōhea). I enrolled at Te Whare Wānanga o Waikato to become a counsellor. This was a move away from my previous work as an Analyst Programmer. I knew that counsellor education would be transformative, and I knew that the mahi would be challenging. What I did not know was how my passion for people and knowledge would grow exponentially. The tuakana of the programme showed awhi to me in a way that took me by surprise. They pushed me to stand tall in places that, until then, I had secretly longed for. It was not an easy journey – transformative ones never are. It was a journey of steps large and small which brought me to stand in a tūrangawaewae that I adore. Now I weave my korowai of life in ways that I love and appreciate.

Ko au te Māori, ko au te pākehā!



Vicki Tahau Sweet

School Guidance Counsellor, Morrinsville College. Vicki graduated with two masters degrees, a Master of Counselling and a Master of Educational Leadership.

See her story here: waikato.ac.nz/news-events/media/2017/hard-work-pays-off-for-teacher-graduating-with-two-masters-degrees



Celebrating graduation

Congratulations to all graduates since our 2017 edition of CounsEdLine:

MCouns: Angela Barr, Chris Bryant, Joan Campbell, Leah Gillanders, Irene Hakaraia, Grace Irvine, Mo Lattimore, Kate Robins, Chomba Simwinda, Heather Lowery-Kappes, Tiziana Manea, Lipine Peresetene, Vicki Tahau-Sweet



PGCert(Counselling Supervision): Hilary Graham, Victoria Marsden, Jean Young

Doctoral journey

A doctoral research project is a journey. It has challenges and moments of delight. Here we capture four of these moments.

Towards PhD candidacy

Romana Imran from Pakistan arrived in July 2018 and is working towards confirmation. The title of Romana's work is: Work-family responsibilities and support systems for women academics in Pakistan.



Data Generation for PhD

Hala Burhoum from Jordan is generating data through interviews with families and children in Jordan.

The title of Hala's work is: Speaking out and breaking silence: Stories of sexually abused children in Jordan.



Here she is pictured (2nd from left) meeting with H.E Reem Abu Hassan, Minister of Social Development in Jordan, and two colleagues.

PhD Submission

Sai Ang Ling is from Malaysia. Sai Ang submitted her thesis for examination in August. The title of her thesis is: Counselling in the context of suicidal ideation in Malaysia.



PhD Completion

Sarah Penwarden recently completed her PhD. Her thesis title is Conversations about absence and presence: Re-remembering a loved one in poetic form.



From Sarah's PhD abstract: "Re-remembering conversations nurture connections between a bereaved person and a loved person who has died. These conversations actively weave the stories of the lost loved one back into the life of the bereaved person, so that the loved one's values and legacies continue to resound. This research explored how a literary approach – rescued speech poetry – potentially enhanced the nearness and contributed of a loved one, through capturing stories in poetic form".

Sarah's supervisors were Kathie Crocket and John Winslade. Sarah's PhD is available to read on the UoW Library's [Research Commons](#).

The last day on campus

The last day of class for students in HDCO545 Professional Practice of Counselling. Saying good-bye after a long journey that took many twists and turns – it comes unexpected and not always easy. Ka kite.



Researching men's mental health and wellbeing

Paul and Elmarie have begun a small research project with male counsellors, exploring their experiences of being male and experiences of counselling men. From these conversations, a teaching resource will be

produced and also given to the participants to be available for use in their counselling practice. A Teaching Development Grant was awarded by the University of Waikato to fund this project.

University teaching staff include: Dr Elmarie Kotzé (Director), Associate Professor Kathie Crocket and Paul Flanagan

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